

Wednesday, June 10, 2020

Dear Parents and Athletes,

I hope this email finds you well. I am writing in regards to volleyball tryouts.

Following the guidelines set by Governor Edwards, the State of Louisiana, and the LHSAA, Dominican volleyball tryouts will begin on Monday, June 22. The following protocols will allow the tryouts to take place while still meeting the criteria for each phase of the reopening of the state:

- **Any student who wishes to try out for the 2020-2021 volleyball team must email Coach Chatellier (jchatellier@stmdhs.org) the following information by Monday, June 15: name, email address, home address, previous school (if new to Dominican), grade level entering 20-21, and position.**
- **Any incoming student will have to provide a completed LHSAA Athletic Physical in order to participate in the tryouts.** (Attached to this email is the LHSAA Medical Evaluation form.)
- Coach Chatellier will determine the number of one and a half hour sessions once she has the number of athletes attending.
- No Parents will be allowed in the gym or the foyer. Any parent who wants to stay on campus must stay in the car or can return to Dominican 10 minutes before the end of the session.
- We will only have 20 athletes at each session to allow for our 4 coaches and an athletic trainer. Those athletes will remain in the same group throughout the tryout process.
- Before they enter the Siena Center, athletes will have their temperature taken and recorded by an athletic trainer from the Tulane Institute of Sports Medicine and will fill out a coronavirus questionnaire. (The questionnaire is included in this email.). The trainer will be masked during this process.
- Any athlete who reports a temperature over 100.3 will not be allowed to participate in the tryout and will be asked to leave. If that athlete carpoled with anyone to the tryout, the entire carpool will be required to leave and the parents will be notified.
- Parents will not be allowed to leave the parking lot until their daughters or carpool successfully complete the temperature check and questionnaire.
- Once an athlete completes the check-in process, she will be required to sanitize her hands.
- Athletes will be required to sanitize and/or wash their hands every 30 minutes.
- Athletes trying out will be required to bring their own water bottle, towel, and mask.
- The coaches will be required to wear masks during the tryout.
- Athletes not participating in the drill will be required to wear a mask.
- Athletes will not be allowed in the locker room. Athletes will need to be dressed for the tryout before arriving on campus.
- There will be a separate entrance and exit for tryouts.
- During the break, athletes will be assigned different areas of the gym in order to provide social distancing.

- All equipment will be sanitized between each session.
- If a ball hits an athlete in the face during the tryout, that ball will be removed from the tryout and properly cleaned.
- When an athlete dives or lands on the floor, that spot will be sanitized and cleaned by a coach or trainer before the next “live ball” is played.
- At the end of the day, the athletes will be notified if they should return the next day, and if so, the coaches will assign them a time.
- At no time during the tryout process will the groups be merged or combined.

Paul Spitzfaden

Athletic Director – St. Mary’s Dominican High School