

# DOMINICAN HIGH SCHOOL CROSS COUNTRY RECORDS

## Top Ten Individual Runners – 3 Miles

| NAME              | YEAR | TIME  | MEET/LOCATION                            |
|-------------------|------|-------|------------------------------------------|
| Kelsey Major      | 2020 | 17:48 | SJA Invitational (Highland)              |
| Mia Meydrich      | 2013 | 18:06 | State (NSU)                              |
| Morgan Trauth     | 2021 | 18:06 | Regionals (City Park)                    |
| Ellen Barkemeyer  | 2010 | 18:21 | District (City Park)                     |
| Lisa Sakamoto     | 2012 | 18:22 | Walker Shootout (Sidney Hutchinson Park) |
| Emily Doyle       | 2015 | 18:29 | Walker Shootout (Sidney Hutchinson Park) |
| Elise Raque       | 2021 | 18:34 | Mississippi College (Choctaw Trails)     |
| Meghan Charbonnet | 2011 | 18:35 | District (City Park)                     |
| Grace Williams    | 2012 | 18:46 | Walker Shootout (Sidney Hutchinson Park) |
| Sarah Carr        | 2010 | 19:11 | Walker Shootout (Sidney Hutchinson Park) |

## Top Ten Best Times – 3 Miles

| NAME             | YEAR | TIME  | MEET/LOCATION                            |
|------------------|------|-------|------------------------------------------|
| Kelsey Major     | 2020 | 17:48 | SJA Invitational (Highland)              |
| Kelsey Major     | 2021 | 17:57 | Mississippi College (Choctaw Trails)     |
| Mia Meydrich     | 2013 | 18:06 | State (NSU)                              |
| Morgan Trauth    | 2021 | 18:06 | Regionals (City Park)                    |
| Morgan Trauth    | 2021 | 18:11 | Mississippi College (Choctaw Trails)     |
| Mia Meydrich     | 2012 | 18:12 | Walker Shootout (Sidney Hutchinson Park) |
| Kelsey Major     | 2018 | 18:19 | Regionals (City Park)                    |
| Ellen Barkemeyer | 2010 | 18:21 | Walker Shootout (Sidney Hutchinson Park) |
| Ellen Barkemeyer | 2010 | 18:21 | District (City Park)                     |
| Kelsey Major     | 2021 | 18:21 | District (City Park)                     |