



ST. MARY'S
DOMINICAN
HIGH SCHOOL

*Debs Technique
Clinic 2022*

Saturday, March 5, 2022

Morning Clinic: 9:00 am - 12:00 pm

All Day Clinic: 9:00 am - 3:00 pm

St. Mary's Dominican High School Gym

Who's Invited?

Girls in grades 5 - 7, incoming Dominican students for the 2022 - 2023 school year, and any present Dominican student who may be interested in trying out for the Debs.

How will the sessions be run?

MORNING

The girls will be divided into groups by skill level. Each group will be instructed by members of the Dominican Debs plus the **EXPANDED CLINIC** in the afternoon is taught by Payton Ibos.

What is the cost?

Morning Clinic: \$25 **All Day Clinic:** \$50

Walk-Ins: \$30 | \$60

What's included?

Technique instruction on hip hop tricks, turns, leaps, kicks, conditioning, and stretching.

What's the attire?

Comfortable dance attire with jazz shoes and tennis shoes.

Any questions?

Please contact Sina Baldwin

Phone: 504.865.9401 ext. 5021

Email: sbaldwin@stmarysdominican.org

EVENT DAY CONTACT: 504.865.9401 ext. 5012



The DOMINICAN DEBS:

2021 American All-Star Louisiana State Dance Team Championship

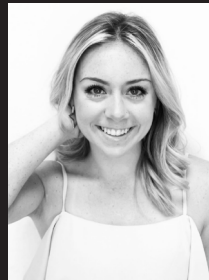
1st Place Division 3 • Jazz • Pom • Game Day • Hip Hop State Champion • Jazz • Hip Hop

2022 UDA National Dance Team Championship

Nationally Ranked 11th • Jazz and Hip Hop

Expanded Technique Clinic featuring

Payton Ibos



Payton Ibos is a Louisiana native, born and raised in Covington, LA. She received her dance training starting at the age of 2 at Northshore Academy of Dance, traveling across the globe to compete as a member of NAD's pro team and assist industry choreographers. In 2015, Payton graduated from Mandeville High School. She went on to become

a 4 year member of the LSU Tiger Girls Dance Team, and was also a two year captain of the program. After graduating from LSU in 2019, Payton began her career as a Tribe 99 professional choreographer, as well as assuming the Assistant Coach role for the LSU Tiger Girls. Today, she continues her coaching position with the Tiger Girls through daily practices, recruitment and alumni engagement, and has just won her first National Championship with the team at the 2022 UDA National Dance Team Championship. She continues to travel around the world to choreograph dance team styles.

Registration available online

@ www.stmarysdominican.org

Register by 3:30 pm Friday, March 4, 2022.

Walk-ins will be accepted day of clinic.

If you are registered for the All Day Clinic, please bring a bag lunch.

Participants should wear a mask upon arrival/entrance and are expected to follow Dominican's health and safety guidelines set forth by the CDC and New Orleans Department of Health.