

Parents and Prospective Color Guard Members,

Welcome to Dominican's Color Guard tryouts for the 2023-2024 school year. Please read over the following handouts and return the permission slip and consent form to Mrs. Ferguson or Mrs. Stiles by **Monday, April 17<sup>th</sup>**. Please take time to review and discuss the cost and time commitments involved.

Remember that color guard is a yearlong activity that requires dedication and effort! Dominican High School Color Guard is a competition team that participates in pep rallies, recruitment and fundraising events, Mardi Gras parades, and competitions. If a member participates in other extracurricular activities, they must coordinate those activities with Dominican Color Guard. Parents of color guard members who do not drive are responsible for providing or arranging transportation to and from practices and events promptly. Failure to do so may result in removal from the squad. Practices can be extended while preparing for certain events throughout the year. Your daughter will receive a monthly calendar informing her of the dates and times. Effort must be made on the part of members and families to coordinate their schedules in conjunction with practice or performance commitments. In addition, a positive attitude, cooperation, dependability, punctuality, and the ability to work well with others as well as accept constructive criticism are all important qualities of a good color guard member.

According to the Dominican High School Color Guard Constitution, any student trying out for the team must meet eligibility requirements. These requirements include good disciplinary standing and good academic standing (at least a 2.0 cumulative GPA). Any student not meeting these requirements will not be allowed to try out. Please read the following documents thoroughly and take all of this into consideration before completing the tryout process.

Thank you for your cooperation. I wish you the best at tryouts!

Sincerely,  
Amy Ferguson & Maya Stiles  
Color Guard Moderators

## **Dominican High School Color Guard Clinics and Tryouts Monday – Thursday April 17<sup>th</sup> – April 20<sup>th</sup>**

### **Clinics (Monday, Tuesday, & Wednesday April 17<sup>th</sup> – April 19<sup>th</sup>):**

1. **Clinics will be held from 4:00 – 6:00 pm.**
2. **Parental/Student Consent, Registration, and Permission slip forms as well as a **\$10 tryout fee** are due on **Monday, April 17<sup>th</sup>**.**
3. Team instructors will be available for individual help during the clinics.
4. **Monday:** Meeting, stretch and warmups, learn beginner dance and flag skills, and begin learning audition routine.
5. **Tuesday:** stretch and warmups, review what was learned on Monday and continue learning audition routine.
6. **Wednesday:** stretch & warmup, time to rep routine and work in small groups.
7. **The clinic will end at 6:00pm. Students MUST be picked up promptly at 6:00pm.**

### **Tryouts (Thursday, April 20<sup>th</sup>):**

1. Tryouts will be held at 4:00 pm. Again, all students must be picked up promptly.
  - a. **Parents should plan to arrive at 5:30 pm in case try-outs end early.**
2. Students may not try out if they have not attended at least 1 of the 3 clinic days. Attending all 3 days is recommended.
3. Tryouts are required for all students (new & returning) enrolled at Dominican.
4. Special treatment/recognition will not be given to previous team members trying out.
5. Girls will sign in upon arrival.
6. There will be two to three qualified and objective judges.
7. The girls will be judged according to:
  - a. **Technique** (fundamentals of dance, performance posture & projection, fundamentals of flag, muscle tension & flexion, and timing/tempo)
  - b. **Comprehension** (memorization, attention to detail, understanding and retention of spatial, body, & equipment expectations in routine)
  - c. **Performance Qualities** (showmanship and effect)
  - d. **Attitude** (effort and recovery)
8. Girls must leave the room immediately after auditioning & wait until the audition is over.

9. No one will be allowed in the tryout room except the judges, and the moderators.

**Results:** Results will be announced no later than Friday April 21<sup>st</sup> .

**Requirements for DHS Color Guard:**

Previous experience in performing arts is welcome but not necessary

Ability to work well on a team

Great attitude and willingness to learn

Understands that color guard is a full-time commitment

Respect for all

School pride & spirit

An ambassador for Dominican

**Expected Required Time Commitment**

Weekly Summer Camp Dates

Practice after school

Saturday practices with choreographers and designer

Additional practices may be called for special events.

Attendance at events such as pep-rallies and recruiting events.

Marching in Mardi Gras parades

Competition Season early February through late March

**\*There will be a meeting sometime after tryouts are complete and results are announced to discuss membership in the organization, summer practice/camp schedules, and ordering color guard uniforms. This meeting will be mandatory for ALL color guard members. Each color guard member must have a parent representative present at the meeting. Payment for camp and Varsity uniform fees is due at this time.**

**APPROXIMATED COSTS BASED ON NEED  
(BASED ON 2022-2023 INDIVIDUAL MEMBER PURCHASES)**

Dominican Uniform Dress	\$102
Dominican Uniform Bodyliner	\$72
Practice Uniforms	\$75
Team Warmup	\$122
Shoes (turner & boot)	\$160
Stud Earrings	\$17
Garment Bag	\$26
Body Tight	\$27
Backpack & embroidery	\$75

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**APPROXIMATED TEAM FEE (BASED ON 2022-2023 FEE)**

LSU TALC Camp (potential)	\$300
Team Fee	\$1,150

- NOTE: Fees can be paid all at once or in monthly installments with the final installment in November 2023

Approximated total cost for new members: \$ 2,126

Approximated total cost for returning members: \$ 1,580

**St. Mary's Dominican High School  
7701 Walmsley Avenue  
New Orleans, Louisiana 70125**

**PERMISSION SLIP FOR ACTIVITY SCHEDULED OUTSIDE OF SCHOOL HOURS**

TODAY'S DATE: April 12<sup>th</sup> 2023

ORGANIZATION / CLUB: Dominican Color Guard

MODERATOR(S): Mrs. Amy Ferguson and Mrs. Maya Stiles

TYPE OF ACTIVITY: 2023-2024 Color Guard Try-Outs

LOCATION OF ACTIVITY: Dominican High School Campus, SARG

DATE & TIME OF ACTIVITY: April 17<sup>th</sup> – April 20<sup>th</sup> 4:00pm-6:00pm

SPECIAL INSTRUCTIONS: Dress in jazz shoes or tennis shoes, fitted tank or t-shirt, hair up. Bring water in a water bottle.

MODERATORS / CHAPERONES FOR THIS ACTIVITY: Mrs. Amy Ferguson and Mrs. Maya Stiles

TRANSPORTATION ARRANGEMENTS: Color Guard auditionees are responsible for their own transportation.

**THIS FORM MUST BE COMPLETED AND RETURNED TO THE MODERATOR BY: Monday, April 17, 2023**

(Please return only the bottom portion of this form.)

**STATEMENT OF PERMISSION**

I request that Dominican allow \_\_\_\_\_ to participate in the off-campus activity named below. (student's first & last name)

Name of Activity: Color Guard Try-outs 2023-2024

I concur with the stipulated arrangements indicated above and understand that my daughter is representing Dominican High School, and therefore must abide by the rules and regulations stated in the current Student / Parent Handbook.

I release Dominican High School, the club moderator(s), and /or chaperones approved by the Administration from liability in any manner.

In case of emergency, I give my permission for the club moderator / chaperon to seek medical care as needed for my daughter if I cannot be contacted.

**PARENT/GUARDIAN SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_**

**HOME PHONE: \_\_\_\_\_ WORK PHONE: \_\_\_\_\_**

**CELL PHONE: \_\_\_\_\_**

**RELATIVE / EMERGENCY CONTACT PHONE: \_\_\_\_\_**

**\*\*\*PLEASE DESCRIBE BELOW ANY SPECIAL CIRCUMSTANCES, INCLUDING MEDICAL CONDITIONS.**

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**2023-2024 St. Mary's Dominican High School Color Guard Tryout Registration Form**

Participant's Name: \_\_\_\_\_

Grade Level: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_

Phone Numbers (H): \_\_\_\_\_ (C): \_\_\_\_\_

(W): \_\_\_\_\_ (Email): \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_

Phone Numbers (H): \_\_\_\_\_ (C): \_\_\_\_\_

(W): \_\_\_\_\_ (Email): \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**Liability & Release:** I request that St. Mary's Dominican High School allow (Participant's first & last name): \_\_\_\_\_ to participate in the 2023-2024 Color Guard Tryouts on April 17, 18, 19, and 20. I understand that my daughter will be evaluated by independent, qualified judges and agree to abide by the decision of the judges. I understand the potential costs involved. I understand that the very nature of the activity carries a risk of physical injury. All color guard members are trained in the safest methods of the sport as demonstrated and practiced. Despite all attempts by the coaches, moderators, and color guards to avoid injury, risks still exist. I understand these risks and I release St. Mary's Dominican High School, the club moderators, coaches, judges, and/or chaperones approved by the Administration from liability in any manner. In case of emergency, I give my permission for the club moderators/chaperones/coaches to seek medical care as needed for my daughter if I cannot be contacted. Additionally, I authorize the use of my daughter's photos for the purposes of publicity and marketing materials and on the St. Mary's Dominican High School website.

Parent/Guardian Signature (required): \_\_\_\_\_

I am interested in being a St. Mary's Dominican High School Color Guard. I understand the risks as stated above. If selected, I will abide by the rules and regulations set forth by the Color Guard Constitution and the Student Handbook. I promise to cooperate and follow the instructions of the color guard moderator.

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Student Signature

Date

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My daughter, \_\_\_\_\_, has my permission to try out for color guard at St. Mary's Dominican High School. I understand that she must abide by the rules and regulations set forth by the 2023-2024 Color Guard Constitution as well as the current Student Handbook. I realize that she must be present for all practices, games, and events unless she is absent from school or excused by the moderator. I have read the rules and regulations in the Color Guard Constitution and understand that a violation of any of these rules may lead to probation or suspension from the squad.

I understand that in order for my daughter to try out for the Dominican Color Guard on Thursday, April 20<sup>th</sup> my daughter must:

- be in good disciplinary and academic standing
- current members auditioning must be in good financial standing with the Dominican Color Guard
- attend the Clinic on Monday, Tuesday, & Wednesday, April 17, 18, & 19
- attend the audition on Thursday, April 20
- pay a \$10 audition fee by tryouts on April 20th
- return this page signed by tryouts on April 20th

I understand that my daughter will be evaluated by independent, qualified judges and agree to abide by the decision of the judges.

I understand the potential costs involved.

\_\_\_\_\_  
Parent/Guardian

\_\_\_\_\_  
Date

I am interested in being a Dominican High School Color guard. I understand the risks as stated above. If elected, I concur with the stipulated arrangements indicated above and understand that my daughter is representing Dominican High School, and therefore must abide by the rules and regulations stated in the Color Guard Constitution as well as the current Student / Parent Handbook. I promise to cooperate and follow the instructions of the color guard moderator.

\_\_\_\_\_  
Student

\_\_\_\_\_  
Date

