

DOMINICAN HIGH SCHOOL CROSS COUNTRY RECORDS

Top Ten Individual Runners – 3 Miles

NAME	YEAR	TIME	MEET/LOCATION
Kelsey Major	2020	17:48	SJA Invitational (Highland)
Mia Meydrich	2013	18:06	State (NSU)
Morgan Trauth	2021	18:06	Regionals (City Park)
Ellen Barkemeyer	2010	18:21	District (City Park)
Lisa Sakamoto	2012	18:22	Walker Shootout (Sidney Hutchinson Park)
Emily Doyle	2015	18:29	Walker Shootout (Sidney Hutchinson Park)
Elise Raque	2021	18:34	Mississippi College (Choctaw Trails)
Meghan Charbonnet	2011	18:35	District (City Park)
Grace Williams	2012	18:46	Walker Shootout (Sidney Hutchinson Park)
Grace Schneider	2023	18:53	SJA Invitational (Highland)

Top Ten Best Times – 3 Miles

NAME	YEAR	TIME	MEET/LOCATION
Kelsey Major	2020	17:48	SJA Invitational (Highland)
Kelsey Major	2021	17:57	Mississippi College (Choctaw Trails)
Mia Meydrich	2013	18:06	State (NSU)
Morgan Trauth	2021	18:06	Regionals (City Park)
Morgan Trauth	2021	18:11	Mississippi College (Choctaw Trails)
Mia Meydrich	2012	18:12	Walker Shootout (Sidney Hutchinson Park)
Kelsey Major	2018	18:19	Regionals (City Park)
Ellen Barkemeyer	2010	18:21	Walker Shootout (Sidney Hutchinson Park)
Ellen Barkemeyer	2010	18:21	District (City Park)
Kelsey Major	2021	18:21	District (City Park)

