



ST. MARY'S
DOMINICAN
HIGH SCHOOL

*Debs Technique
Clinic 2024*

Saturday, March 2

Morning Clinic: 9:00 am - 12:00 pm

All Day Clinic: 9:00 am - 3:00 pm

St. Mary's Dominican High School Gym

Who's Invited?

Girls in grades 5 - 7, incoming Dominican students for the 2024 - 2025 school year, and any present Dominican student who may be interested in trying out for the Debs.

How will the sessions be run?

MORNING

The girls will be divided into groups by skill level. Each group will be instructed by members of the Dominican Debs plus the **EXPANDED CLINIC** in the afternoon is taught by Virginia Babin and Alison Dupré.

What is the cost?

Morning Clinic: \$25 **All Day Clinic:** \$50

Walk-Ins: \$30 | \$60

What's included?

Technique instruction on hip hop tricks, turns, leaps, kicks, conditioning, and stretching.

What's the attire?

Comfortable dance attire with jazz shoes and tennis shoes.

Any questions?

Please contact Sina Baldwin
Phone: 504.865.9401 ext. 5021

Email: sbaldwin@stmdhs.org

EVENT DAY CONTACT: 504.865.9401 ext. 5012



The DOMINICAN DEBS:

2024 American All-Star Louisiana State
Dance Team Championship

**1st Place Division II • Jazz • Pom • Game Day
State Champion • Jazz**

2024 UDA National Dance Team Championship

Nationally Ranked 5th • Game Day Division II

Expanded Technique Clinic featuring

Virginia Babin & Alison Dupré



Virginia Babin is a New Orleans, LA native. She began her dance training at the age of 3 where she learned all styles of dance and competed for several years. In high school, Virginia was a member of the Dominican Debs for 5 years. While in college, teaching and choreographing became a huge part of her life. She recently graduated from LSU with a degree in General Business along with a Dance minor. For the past three years, she has been the Jazz choreographer for the

Dominican Debs, earning State Championship and nationally-ranked titles. She continues to teach and choreograph for studios and dance teams in the New Orleans and Baton Rouge areas. This past year, she was named as a coach for the Dominican Debs JV Dance Team.



Alison Dupré is a New Orleans, Louisiana native. She began dancing at the age of 2, receiving training in multiple dance styles. Alison was a five-year member of the St. Mary's Dominican Debs as well as co-captain for two years. She graduated in 2018 and attended Xavier University of Louisiana as a Biology major and Chemistry minor. Her leadership role and love of dance on Dominican Debs extended to Christian Brothers School dance team where she began to help coach during

her senior year of high school until 2022. Alison continues to work with the Dominican Debs, and choreographed their 2022 nationally ranked hip hop routine and 2023 and 2024 nationally ranked game day routine. Alison works with many dancers, teaching at different studios around the city, and choreographing pieces for both studio and dance team competitions.

Registration available online

@ www.stmarysdominican.org

Register by 3:30 pm Friday, March 1, 2024.

Walk-ins will be accepted day of clinic.

If you are registered for the All Day Clinic,
please bring a bag lunch.