

**April 4, 2024**

Parents and Prospective Color Guard Members,

We are excited to have you audition for the 2024-2025 St. Mary's Dominican High School Color Guard and look forward to seeing the unique gifts you can bring to the team. Please read over the following handouts and return the permission slip and consent forms to Mrs. Ferguson or Mrs. Knock by Tuesday, April 23<sup>rd</sup>. Please take time to review and discuss the cost and time commitments involved.

Dominican Color Guard is a yearlong activity that requires individual dedication and financial commitment. Dominican Color Guard is a competition team that performs at school pep rallies, parades, and recruitment events on campus, as well as off campus performances in Mardi Gras parades, state and regional competitions, and other performance opportunities that may arise throughout the year. Being a competitive team requires financial commitment. 2023-2024 team fees were \$1,600 plus individual member purchases. 2024-2025 team fees will be finalized after auditions. If a member participates in other extracurricular activities, they must coordinate those activities with Dominican Color Guard. Parents of color guard members who do not drive are responsible for providing or arranging transportation to and from practices and events promptly. Parents and members will receive a monthly calendar informing them of the dates and times for practices and events. Effort must be made on the part of members and families to coordinate their schedules in conjunction with practice or performance commitments. In addition, a positive attitude, cooperation, dependability, punctuality, and the ability to work well with others as well as accept constructive criticism are all important qualities of a good color guard member. Failure to be in good standing with these things can result in removal from the team.

According to the Dominican High School Color Guard Constitution, any student trying out for the team must meet eligibility requirements. These requirements include good disciplinary standing and good academic standing (at least a 2.0 cumulative GPA). Any student not meeting these requirements will not be allowed to audition. Please read the following documents thoroughly and take all of this into consideration before completing the audition process. Please email Mrs. Ferguson and Mrs. Knock with any questions concerning auditions.

Thank you for your cooperation. We wish you the best at auditions!

Sincerely,

Amy Ferguson ([aferguson@stmdhs.org](mailto:aferguson@stmdhs.org))

Kristen Knock ([kknock@stmdhs.org](mailto:kknock@stmdhs.org))

Color Guard Moderators

## **Dominican High School Color Guard Clinics and Tryouts** **Tuesday, April 23<sup>rd</sup> through Friday, April 26<sup>th</sup>**

### **Clinics (Tuesday, Wednesday, & Thursday April 23<sup>rd</sup> – April 25<sup>th</sup>):**

1. **Clinics will be held from 3:30pm-5:30pm.**
2. **Dress:** fitted athletic or dance attire, dance or tennis shoes, & hair up. No team apparel.
3. **All signed documents & \$10 tryout fee** are due by **Tuesday, April 23<sup>rd</sup>**.
4. Team instructors will be available for individual help during the clinics.
5. **Tuesday:** Meeting, stretch & warmup, learn beginner dance and flag skills, begin learning audition routine, and individual interviews
6. **Wednesday:** stretch & warmup, review what was learned on Monday, continue learning audition routine, and individual interviews
7. **Thursday:** stretch & warmup, time to rep routine or work in small groups, and individual interviews

### **Auditions (Friday, April 26<sup>th</sup>):**

1. **Auditions will be held from 3:30pm-6:30pm.** All students must be picked up promptly.
2. **Dress:** fitted athletic or dance attire, dance, or tennis shoes, & hair up. No team apparel.
3. Auditions are required for all students (new & returning) enrolled at Dominican.
4. Special treatment/recognition will not be given to previous team members trying out.
5. Students will have to schedule a makeup audition with Mrs. Knock & Mrs. Ferguson if they cannot attend at least 1 of the 3 clinic days. Attending all 3 days is recommended.
6. There will be two to three qualified and objective judges.
7. The girls will be judged according to:
  - a. **Technique** (fundamentals of dance, performance, posture & projection, fundamentals of flag, muscle tension & flexion, and timing/tempo)
  - b. **Comprehension** (memorization, attention to detail, understanding and retention of spatial, body, & equipment expectations in routine)
  - c. **Performance Qualities** (showmanship and effect)
  - d. **Attitude** (effort and recovery)
8. Girls must leave the room immediately after auditioning & wait until the audition is over.
9. No one will be allowed in the tryout room except the judges, and the moderators.

**Results:** Results will be announced no later than Friday April 26<sup>th</sup>.

## **Model of a Dominican Color Guard Member:**

Ability to work well on a team & shows respect for all

Shows responsibility, punctuality, & time-management

Approaches all things with a great attitude

Individually motivated & disciplined

Willing to work hard, learn quickly, & practice at home

Receives instruction respectfully & constructively

Understands that color guard is a full-time commitment

An ambassador for Dominican that shows school pride and spirit

Note: any experience is welcome but not necessary

## **Expected Required Time Commitment**

Weekly Summer Practices

LSU Tigerland Auxiliary and Leadership Camp

After school practices

Saturday practices with choreographers and designer

Additional practices may be called for special events.

Performances at school pep-rallies and recruiting events.

Marching in Mardi Gras parades

Performance with Brother Martin

Competition season early February through late March

**\*There will be a meeting sometime after tryouts are complete and results are announced to discuss membership in the organization, summer practice/camp schedules, and ordering color guard uniforms. This meeting will be mandatory for ALL color guard members. Each color guard member must have a parent representative present at the meeting. Payment for Varsity uniform fees will be due at the meeting.**

## APPROXIMATION OF TEAM FEES BASED ON 2023-2024 FEES

### TEAM FEE

LSU TALC Camp	\$375
Team Fee	\$1,600

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### INDIVIDUAL ITEMS

#### VARSITY SPIRIT ITEMS:

Dominican Uniform Dress	\$123
Dominican Uniform Sleeves	\$84
Practice Shirt	\$57
Warmup Jacket	\$113
Warmup Pants	\$86
Varsity 360 Turner	\$36
Vibe Dance Sneaker	\$70
Garment Bag	\$31
Body Tight	\$30

#### CARMEL'S ITEMS:

Nancy boot	\$92
Stud Earrings	\$19

#### DESIGN A LATTE ITEMS:

Backpack & embroidery	\$82
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**NOTE: Varsity Fee is to be paid in May after the team fitting. Team Fees can be paid all at once or in monthly installments with the final installment October 15<sup>th</sup>, 2024.**

*St. Mary's Dominican High School  
7701 Walmsley Avenue  
New Orleans, Louisiana 70125*

*PERMISSION SLIP FOR ACTIVITY SCHEDULED OUTSIDE OF SCHOOL HOURS*

TODAY'S DATE: April 4, 2024

ORGANIZATION / CLUB: Dominican Color Guard

MODERATOR(S): Mrs. Amy Ferguson and Mrs. Kristen Knock

TYPE OF ACTIVITY: 2024-2025 Dominican Color Guard Try-Outs

LOCATION OF ACTIVITY: Dominican High School Campus, SARG

DATE & TIME OF ACTIVITY: April 23<sup>rd</sup> – April 25<sup>th</sup> 3:30pm-5:30pm and April 26<sup>th</sup> 3:30pm-6:30pm

SPECIAL INSTRUCTIONS: Dress in jazz shoes or tennis shoes, fitted tank or t-shirt, hair up. Bring water in a water bottle.

MODERATORS / CHAPERONES FOR THIS ACTIVITY: Mrs. Amy Ferguson and Mrs. Kristen Knock

TRANSPORTATION ARRANGEMENTS: Color Guard auditionees are responsible for their own transportation.

**THIS FORM MUST BE COMPLETED AND RETURNED TO THE MODERATOR BY: Tuesday, April 23, 2024**

(Please return only the bottom portion of this form.)

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**STATEMENT OF PERMISSION**

I request that Dominican allow \_\_\_\_\_ to participate in the off-campus activity named below. (student's first & last name)

Name of Activity: Color Guard Try-outs 2024-2025

I concur with the stipulated arrangements indicated above and understand that my daughter is representing Dominican High School, and therefore must abide by the rules and regulations stated in the current Student / Parent Handbook.

I release Dominican High School, the club moderator(s), and /or chaperones approved by the Administration from liability in any manner.

In case of emergency, I give my permission for the club moderator / chaperon to seek medical care as needed for my daughter if I cannot be contacted.

**PARENT/GUARDIAN SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_

**HOME PHONE:** \_\_\_\_\_ **WORK PHONE:** \_\_\_\_\_

**CELL PHONE:** \_\_\_\_\_

**RELATIVE / EMERGENCY CONTACT PHONE:** \_\_\_\_\_

\*\*\*PLEASE DESCRIBE BELOW ANY SPECIAL CIRCUMSTANCES, INCLUDING MEDICAL CONDITIONS.

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**2024-2025 St. Mary's Dominican High School Color Guard Tryout Registration Form**

Participant's Name: \_\_\_\_\_

Grade Level: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_

Phone Numbers (H): \_\_\_\_\_ (C): \_\_\_\_\_

(W): \_\_\_\_\_ (Email): \_\_\_\_\_

Parent/Guardian's Name: \_\_\_\_\_

Phone Numbers (H): \_\_\_\_\_ (C): \_\_\_\_\_

(W): \_\_\_\_\_ (Email): \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: \_\_\_\_\_

**Liability & Release:** I request that St. Mary's Dominican High School allow (Participant's first & last name): \_\_\_\_\_ to participate in the 2024-2025 Color Guard Tryouts on April 23, 24, 25, & 26. I understand that my daughter will be evaluated by independent, qualified judges and agree to abide by the decision of the judges. I understand the potential costs involved. I understand that the very nature of the activity carries a risk of physical injury. All color guard members are trained in the safest methods of the sport as demonstrated and practiced. Despite all attempts by the coaches, moderators, and color guards to avoid injury, risks still exist. I understand these risks and I release St. Mary's Dominican High School, the club moderators, coaches, judges, and/or chaperones approved by the Administration from liability in any manner. In case of emergency, I give my permission for the club moderators/chaperones/coaches to seek medical care as needed for my daughter if I cannot be contacted. Additionally, I authorize the use of my daughter's photos for the purposes of publicity and marketing materials and on the St. Mary's Dominican High School website.

Parent/Guardian Signature (required): \_\_\_\_\_

I am interested in being a St. Mary's Dominican High School Color Guard. I understand the risks as stated above. If selected, I will abide by the rules and regulations set forth by the Color Guard Constitution and the Student Handbook. I promise to cooperate and follow the instructions of the color guard moderator.

\_\_\_\_\_  
Student Signature

\_\_\_\_\_  
Date

My daughter, \_\_\_\_\_, has my permission to try out for color guard at St. Mary's Dominican High School. I understand that she must abide by the rules and regulations set forth by the 2024-2025 Color Guard Constitution as well as the current Student Handbook. I realize that she must be present for all practices, games, and events unless she is absent from school or excused by the moderator. I have read the rules and regulations in the Color Guard Constitution and understand that a violation of any of these rules may lead to probation or suspension from the squad.

I understand that in order for my daughter to try out for the Dominican Color Guard on Friday, April 26<sup>th</sup> my daughter must:

- be in good disciplinary and academic standing
- current members auditioning must be in good financial standing with the Dominican Color Guard
- attend clinics on Tuesday, Wednesday, & Thursday April 23, 24, & 25
- attend the audition on Thursday, April 26
- pay a \$10 audition fee by tryouts on April 23<sup>rd</sup>
- return this page signed by tryouts on April 23<sup>rd</sup>

I understand that my daughter will be evaluated by independent, qualified judges and agree to abide by the decision of the judges.

I understand the potential costs involved.

\_\_\_\_\_  
Parent/Guardian

\_\_\_\_\_  
Date

I am interested in being a Dominican High School Color guard. I understand the risks as stated above. If elected, I concur with the stipulated arrangements indicated above and understand that my daughter is representing Dominican High School, and therefore must abide by the rules and regulations stated in the Color Guard Constitution as well as the current Student / Parent Handbook. I promise to cooperate and follow the instructions of the color guard moderator.

\_\_\_\_\_  
Student

\_\_\_\_\_  
Date